

Mainland Resources, Inc.
17314 SH 249, Suite 306
Houston, Texas 77064
info@mainlandresources.com



NEWS RELEASE

MAINLAND RESOURCES INC. COMPLETES DRILLING OF ITS THIRD HAYNESVILLE WELL AND SPUDS THE FOURTH SHALE WELL IN DESOTO PARISH, LOUISIANA

Houston, Texas / PR Newswire – February 16, 2010 – Mainland Resources, Inc., a Nevada Corporation (“**Mainland**”) reports that the Company and its Operator have successfully completed the drilling of the lateral portion of the Stevenson Douglas 16 #1 well, which is the third Haynesville shale well to be drilled on its DeSoto Parish, Louisiana leases. The well is currently waiting on completion.

Mainland Resources, Inc. owns a 38.20% working interest in the Stevenson Douglas 16 #1 well.

The Company also reports that its Operator has spud the International Paper Co. et al 12 H-1 well also located on its Louisiana leases. The well reported at a depth of 9,330 feet as of Feb. 8, 2010. This is the fourth Haynesville shale well to be drilled and the Company owns a 30% working interest in and to the well.

The fifth Haynesville shale well on its DeSoto Parish leases is on the drilling schedule to be drilled approximately April 1, 2010. The Company holds a 20.58% working interest in and to that proposed well.

The Griffith 11H #1 and the Dehan 15H #1, Mainland’s first two completions in the Haynesville, are currently producing to sales.

About Mainland Resources, Inc.

Mainland Resources is a junior company engaged in the exploration and development of oil and gas resources. The Company’s current initiatives are focused on the acquisition and development of leases in emerging gas regions with the potential for discoveries including the Haynesville shale.

Symbol: MNLU – OTCBB, Symbol: 5MN; Frankfurt, WKN No.: A0ND6N

Contact: Investor Relations (USA)

Tel. 281-469-5990

Investor Relations (Europe)

Tel. +49-69-7593-8408

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