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NEWS RELEASE

MAINLAND RESOURCES, INC. APPOINTS ERNEST G. SOROCHAN, P. ENG. AS BOARD DIRECTOR

Houston, Texas / PR Newswire – July 18, 2008 –Mainland Resources, Inc., a Nevada corporation (the “Company”) (MNLU-OTCBB, 5MN-Frankfurt) has appointed Ernest G. Sorochan, P. Eng. as a Director of the Board effective July 17, 2008.

Ernest G. Sorochan is a Professional Engineer with a long history of project management, engineering oversight, economic evaluation and operational experience working for international oil and gas companies.

Mr. Sorochan has built a professional career focusing on understanding all technical aspects of planning, drilling, evaluating and completing high-pressure sour gas fields as well as operations of gas plant facilities.

Beginning with his experience as a District Manager with Dowell Schlumberger Corporation (1972-1988) and as the Drilling Completions Superintendent with Alberta Energy Company International’s operations in Neuquen, Argentina (1995-1997), Mr. Sorochan gained in-field experience in managing multi-well completion projects, drilling and work-over programs. He also evaluated and supervised contract drilling, and was the liaison for oil companies and local regulators. He served as Senior Production Engineer for Momentum Enterprises Inc. (1997-1998), managing their operations in Western Ukraine and the economic evaluations and technical review of gas properties in the Ukraine, Romania and Bolivia. He was Manager of Business Development for Calgary, Alberta-based Redwood Energy, Ltd. (1998-2000), responsible for developing their evaluations and technical review of oil and gas properties in Western Canada, Wyoming, Argentina and Bolivia. He later served as that company’s Vice President, Operations (2002-2004) and took over added responsibilities for all production, drilling, completion and work-over operations in Canada. He also held the position of Technical Manager for Pan Ocean Oil Corporation (2000-2002) in Lagos, Nigeria, where he was head of production, drilling and completion on fields that account for current production of 20,000 BOE per day.

Most recently, Mr. Sorochan joined Compton Petroleum Corporation (2004-2008) of Calgary, Alberta to provide engineering support for areas in Southern Alberta, conduct economic evaluations and capital expenditures, coordinate completions, and help recommend new wells and select new exploration areas.

Ernest Sorochan received his B. Sc. in Chemical Engineering at the University of Alberta and a Diploma in Gas Technology from the Northern Alberta Institute of Technology. He is a member of the Society of Petroleum Engineers and the Association of Professional Engineers, Geologists, and Geophysicists of Alberta.

Mainland Resources, Inc. – cont'd

About Mainland Resources, Inc.

Mainland Resources is a junior company engaged in the exploration and development of oil and gas resources. The Company's current initiatives are focused on the acquisition and development of leases in Louisiana's emerging northeastern gas region that is gaining notoriety for recent discoveries in the Haynesville shale.

Symbol: MNLU – OTCBB, Symbol: 5MN; Frankfurt, WKN No.: A0ND6N

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