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NEWS RELEASE

Mainland Resources, Inc. and JV Partner Spud Third Haynesville Shale Well on the Company's DeSoto Parish, Louisiana Property

HOUSTON, May 14 /PRNewswire-FirstCall/ -- Mainland Resources, Inc., (OTC Bulletin Board: MNLU; 5MN-Frankfurt) a Nevada Corporation (the "Company") reports that its Joint Venture (JV) Partner and Operator has commenced drilling operations on the Company's third JV well to evaluate additional potential of the Haynesville Shale gas formation on Mainland's Louisiana leases.

The Dehan et al 15#1H was spud on May 4, 2009 and is currently drilling at 6850 feet. The well will be drilled to approximately 12,000 feet or a depth to sufficiently test the Haynesville Shale formation. Mainland will own a 25.42% Working Interest in this unit. The JV Partner and Operator will have a 38.12472% Working Interest in the well.

About Mainland Resources, Inc.

Mainland Resources is a junior company engaged in the exploration and development of oil and gas resources. The Company's current initiatives are focused on the acquisition and development of leases in emerging gas regions with the potential for discoveries including the Haynesville shale.

See: www.mainlandresources.com for more information.

Symbol: MNLU – OTCBB, Symbol: 5MN; Frankfurt, WKN No.: A0ND6N

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